

## **THIS WEEK'S MENU**

MERY COMMENCENCE

| TEAM                | WEEK COMMENCING  |   |  |                                   | Crescent                                  |
|---------------------|--|---|--|-----------------------------------|---|
| <u>IIESIT</u>       | 18 MARCH 2019  |   |  |                                   |   |
|                     | Monday   | Tuesday                                       | Wednesday  | Thursday                          | Friday                                    |
| MAIN MEAL           | CHICKEN CHASSEUR   | Chunky root vegetable<br>& beef cottage pie   | Roast leg of pork with<br>stuffing ६ apple sauce | Turkey korma curry                | CRISPY BATTERED FISH<br>WITH TARTAR SAUCE |
| VEGETARIAN          | Button mushroom ६<br>vegetable chasseur  | CHUNKY ROOT VEGETABLE<br>६ LENTIL COTTAGE PIE | Red pepper & butternut<br>squash frittata        | VEGETABLE CURRY                   | Tomato, basil ६<br>mozzarella pizza bread |
| Potatoes/Rice/Pasta | Boiled potatoes  |   | ROAST POTATOES                                   | Fragrant rice                     | CHUNKY CHIPS                              |
| VEGETABLES          | Savoy cabbage  | Sweetcorn                                     | Medley of seasonal<br>vegetables                 | Green beans                       | Garden peas                               |
| Јаскет ротато       | Jacket Potatoes served with a choice of tuna, cheese も Hot or cold jacket filling of the day |   |  |                                   |   |
| Salad bar           | A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR                            |   |  |                                   |   |
| Fruit               | Daily selection of yoghurt, fresh sliced fruits or cheese & biscuits                         |   |  |                                   |   |
| Dessert             | Fruit shortbread   | CHOCOLATE ५ ORANGE SPONGE                     | Apple crumble & custard                          | Homemade strawberry<br>cheesecake | Fresh fruit & assorted<br>yoghurts        |

**Crescent School**